

Claudia E. Delgado López

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Mérida, Yucatán México

English level: Advance

EXPERIENCE

Preschool English Teacher

August 2018 – November 2018

Instituto Arrayanes / Mérida, Yucatán

I was in charge of planning, creating and executing an academic program based on expected learning from a constructivist approach for more than 40 children between the ages of 3 and 5. I managed and supervised schedules, meals, homework, school materials, special needs and personalized academic adaptations of the students. I actively participated in the logistics and organization of school events.

Key achievements:

- I redesigned and transformed the digital tools to facilitate the learning of the English language.
- Transformed traditional tools to improve group management and control, creating a positive environment in the classroom.

Psychologist

March 2019 – October 2019

DIF Municipal / Cozumel, Quintana Roo

I was in charge of the psychological and psychoeducational area of the Child Care Centers (CENDI) that are in charge of the Municipal DIF of Cozumel. In the psychological area, I was responsible for supporting the different health campaigns available at the time, providing psychological care and emotional first aid. In the psychoeducational area, I was responsible for supervising the planning and academic adjustments made by the teachers and monitoring that they were carried out as expected.

Key achievements:

- I improved the registration and interview protocols for parents, in order to improve the registration of necessary information for children enrolled in day care centers.
- I created daily records of observations in the classroom for the teachers, in order to have better control and monitoring of the needs of the students, in order to make the corresponding adjustments.

Child Monitor

March 2021 – December 2021

Independent / Mérida, Yucatán

Responsible for the school and emotional accompaniment of a 7-year-old boy. In charge of creating curricular adaptations during their online classes, monitoring activities and academic tasks and detecting learning difficulties and working to improve them.

Key achievements:

- *I improved the comprehension of the English language in an auditory way.*
- *I created a personalized routine in order to facilitate and promote independence.*
- *I designed a daily record of behaviors and activities to keep a better record of progress.*

Psychotherapist

February 2021 – currently

Independent / Mérida, Yucatán

Responsible for psychotherapeutic intervention in adolescents and adults. Contextual evaluation of each consultant to design interventions that promote psychological well-being. Implementation of evidence-based interventions that promote behavioral change and psychological acceptance.

EDUCATION

Universidad Anáhuac Mayab | Licenciada en Psicología 2014-2018

- 8.70 promedio global
- Cédula profesional: **11183274**
- *Realicé prácticas profesionales en el Centro de Integración Juvenil, Clínica Anáhuac Mayab en Mérida, Yucatán y en CETPA Mental Health & Substance Abuse Services, en Atlanta, Georgia.*

Instituto Mexicano humanista y existencial | Diplomado en Logoterapia 2015-2016

Universidad ISEP sede Madrid, España | Master en Psicología Clínica InfantoJuvenil 2019-2020

- Cedula profesional en proceso de legalización en México.

Universidad ISEP sede Madrid, España | Master en Psicoterapia Clínica InfantoJuvenil 2019-2020

- Cedula profesional en proceso de legalización en México.

Universidad ISEP sede Madrid, España | Diplomado en Sexología Clínica y Terapia de Parejas 2019-2020

Instituto de Investigación en psicología de Oaxaca | Diplomado en Arterapia. 2022

SINERGIA, Centro de ciencias basadas en Evidencia | Workshop: Análisis funcional e interacción verbal en la práctica clínica: principios, metodología y procedimientos. Abril 2024

ITECOC | Curso Intensivo en Terapias Conductuales-Contextuales *Intervenciones basadas en Evaluaciones Funcionales* Abril a Septiembre 2024

LICEO CONTEXTUAL | Formación en Psicoterapia Basada en Ciencias Comportamentales y Evidencia
Junio 2024 a Junio 2026